
































# WALKTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					 1	 2
 3	 4	 5	 6	 7	 8	 9
 10	 11	 12	 13	 14	 15	 16
 17	 18	 19	 20	 21	 22	 23
 24  31	 25	 26	 27	 28	 29	 30

Centerville Cares, The Mayor's Initiative on Wellness, invites you to participate in our annual WALKtober! Walk for 20 minutes each day for 20 days this month and color in the days you walk. Take completed calendar to participating businesses for discounts. Submit your calendar to City Hall by November 5<sup>th</sup> for a chance to win one of several prizes! One calendar per individual. Go to [CentervilleCares.org](http://CentervilleCares.org) or visit Centerville Cares on Facebook for more ideas and resources on wellness.

Name: \_\_\_\_\_ Phone number: \_\_\_\_\_  
 (Phone number will only be used to notify drawing winners.)

